Chapter Two

Detection Methods and Alternate Indicator Organisms ¹

2.1 Introduction

Public demand and regulatory requirements compel monitoring for pathogen risks. Such monitoring requires feasible and accurate detection methods for appropriately selected microbes. Water quality monitoring in the U.S. is most frequently conducted for bacterial indicators using the standard membrane filtration or multiple tube fermentation/most probable number methods. U.S. EPA requires that a Total Maximum Daily Load (TMDL) be developed for water bodies violating standards, which are determined using the monitoring results. The TMDL is generally developed for the microorganism responsible for the violation. There are exceptions, however, such as when there are waterborne disease outbreaks. In these instances, other detection methods may need to be employed to identify causative agents and determine their presence and concentrations in a watershed.

Microorganisms responsible for waterborne disease outbreaks are identified through clinical testing of individuals who seek medical care for their illness. Illnesses are classified as waterborne disease outbreaks when more than one individual is found to be infected with the same microbe believed to be from a common source of drinking or recreational water. Environmental officials assigned to investigate and manage the pollution responsible may use microbial source tracking and pathogen detection methods to investigate possible sources and determine the extent of contamination.

This chapter presents information on detection methods for bacteria, viruses, and protozoa, summarized in Tables 2-1, 2-2, and 2-3, respectively. In the section on bacteria, detection methods for both indicators and pathogens are discussed, as well as alternatives to the traditional indicator organisms and an overview of selected methods for microbial source tracking. Although helminths and fungi are discussed in Chapter 1, their methods were not reviewed for this chapter due to the high unlikelihood that these organisms will be encountered in urban watersheds in the U.S. Information about pathogenic fungi is available in *Standard Methods for the Examination of Water and Wastewater* (Clesceri *et al.*, 1998), hereafter referred to as *Standard Methods*. A method for helminth ova is presented in the U.S. EPA document *Control of Pathogens and Vector Attraction in Sewage Sludge* (U.S. EPA, 1999) available at http://www.epa.gov/ORD/NRMRL/Pubs/1999/625R92013.pdf.

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2.2 Detection Methods

2.2.1 Bacteria

2.2.1.1 Cultural and Enzyme-Based Methods

Cultural methods, or those that grow bacteria in a prepared medium, have been used for indicator bacteria detection and enumeration for over a century (Pyle *et al.*, 1995). Membrane filtration methods are well established and routinely used. The details of these methods are described in *Standard Methods*. The water sample is filtered, the filters are incubated on a growth medium for a specific time and temperature, and the resulting colonies are enumerated. The membrane filtration incubation period is 24 hours for fecal coliforms and total coliforms, but for other bacteria can take longer; *Staphylococcus aureus* and *enterococcus* cultures must be incubated for 48 hours, and *Pseudomonas* cultures should be incubated for 72 hours. An improved U.S. Environmental Protection Agency (EPA) method for *enterococcus* using a modified type of agar (mEI) requires only 24 hours of incubation (U.S. EPA, 1997). The membrane filtration methods require confirmation tests, which entail further effort and additional incubation time.

Multiple-tube fermentation/most probable number methods for coliform bacteria are based on the ability of the organisms to ferment lactose. Tubes with growth medium are inoculated with a series of undiluted and diluted samples, with several tubes inoculated per dilution. Following incubation at the specified temperatures, the numbers of tubes demonstrating a positive response are recorded and a statistical estimate of the bacterial density is determined. Most probable number methods take 48 hours for coliform incubation, plus an additional 24-hour confirmation test. *Enterococcus* and fecal streptococcus are incubated for 24-48 hours with an additional 24 hours for confirmation (Clesceri *et al.*, 1998). Fecal coliforms, however, can be analyzed in 24 hours by the A-1 broth 1-step method (*Standard Methods* # 9221E.2).

Methods that rely on counting the colonies that form during incubation, including membrane filtration, tend to underestimate bacterial numbers (Sartory *et al.*, 1999). This phenomenon affects analyses for both indicators and pathogens. This may be due to clumping, particle association, cell injury, and the viable-but-nonculturable (VBNC) state of the bacteria. In the VBNC state, cells may maintain viability and metabolic activity, but fail to grow and multiply on culture plates. Huq and Colwell (1996) reviewed this topic with special attention to *Vibrio cholerae*, although this condition applies to *Aeromonas*, *Shigella*, *Staphylococcus*, and *Campylobacter*, among others. Such underestimation of bacterial counts presents the obvious danger of giving rise to misleading reports.

Substrate hydrolysis by a specific enzyme with colorimetric endpoints forms the basis of several detection methods. In substrate hydrolysis, the hydrolysis reaction between an enzyme in the bacteria and the substrate results in a color change that is used to determine the analytical results. Cultural methods for $E.\ coli$ are based on detecting the action of the enzyme β -

glucuronidase upon the substrate 4-methylumbelliferyl- β -D-glucuronide (MUG) (Sartory *et al.*, 1999; Shadix *et al.*, 1991). The product fluoresces blue under long wavelength ultraviolet (UV) light, indicating the presence of *E. coli*. The *E. coli* technique in *Standard Methods* requires additional incubation of coliform-positive membrane filtration samples to test for MUG utilization by β -glucuronidase. The U.S. EPA method using membrane-Thermotolerant *E. coli* (mTEC) agar for *E. coli* analysis (U.S. EPA, 1985) relies upon detection of the enzyme urease; a modified mTEC method relies upon β -glucuronidase. Substrate hydrolysis by β -galactosidase is used for detection of thermotolerant coliforms. The rapid method tested by Robertson *et al.* (1998) uses only a 6-hour incubation to test for β -glucuronidase for *E. coli* and β -galactosidase for thermotolerant coliforms.

There are rapid alternatives to membrane filtration methods based on enzyme substrate utilization by coliform bacteria and enterococci. IDEXX Laboratories (Westbrook, ME) produces a series of widely used EPA-approved products. Their Colilert® QuantitrayTM, which uses their patented Defined Substrate Technology, is an easy-to-use commercial most probable number method designed for simultaneously determining the presence of total coliforms and E. coli in 24 hours (Edberg et al., 1989; Townsend et al., 1996). Total coliforms are detected by the action of β -galactosidase, and E. coli detection is based on the action of β -glucuronidase. Coliforms produce a yellow product and E. coli produces a product that fluoresces yellow. Colilert-18® permits detection of these organisms in only 18 hours. Colilert® has been shown by some researchers to be as sensitive as Multiple Tube Fermentation (MTF) and membrane filtration (Eckner, 1998; Fricker et al., 1997; Edberg et al., 1990). Francy and Darner (2000) used recreational water to compare Colilert to the U.S. EPA-recommended mTEC method (U.S. EPA, 1985), a β-glucuronidase-based membrane filtration technique. The authors found statistically significant differences between the methods, but note that their test area was small and further work is needed. The expression of β -glucuronidase can, however, be suppressed by environmental stress (Sartory et al., 1999; Edberg et al., 1990), raising the possibility of underestimating bacterial densities. Furthermore, E. coli O157:H7 does not possess this enzyme, so a separate test for *E. coli* O157:H7 would be needed if it is suspected.

Similar to Colilert®, IDEXX Laboratories' enzyme-based Enterolert® method is designed to provide a most probable number method in 24 hours for *enterococcus* in water. The hydrolyzation product of the substrate fluoresces blue. Abbott *et al.* (1998) found a positive correlation between Enterolert® and membrane filtration in marine waters in New Zealand. Budnick *et al.* (1996) and Eckner (1998) reported equal or better sensitivity and specificity with Enterolert compared to membrane filtration in recreational waters.

Because indicator bacteria are used as a basis for public health decisions in dynamic aquatic environments such as beaches, long analysis times are problematic because levels of *E. coli* and thermotolerant coliforms fluctuate. Fortunately, there are rapid method alternatives to the commonly used cultural methods can speed decision-making about protective measures such as beach closings. The 18-hour incubation time for Colilert and the 6-hour incubation used in the method of Robertson *et al.* (1998) are two examples of incubation methods that require less time. In addition to rapid cultural methods, other classes of detection methods, such as immunological and genetic techniques, offer possibilities for faster analysis times.

2.2.1.2 Immunological Methods

A group of immunological detection methods for microorganisms is based on the use of antibodies, which bind with antigens on the organism's surface. A limiting factor with all immunological techniques is the specificity of the antibody used. Ideally an antibody should bind only with a single antigen, thereby targeting only the organism of concern. Monoclonal antibodies (Mabs) are clonally derived from a single antibody-producing cell. This means that they are exceptionally pure and highly specific in their action.

Some immunological methods are applicable for efficient bacterial detection methods. In immunofluorescence (IF), the antibodies are tagged with a dye that fluoresces under UV light; enumeration can be accomplished by epifluorescent microscopy. Sartory and Watkins (1999) note that there is promise for a limited cultural period (4-6 hours) coupled with detection either by substrate light emission or immunological techniques for same-day results. In their review of rapid methods, McFeters *et al.* (1999) cite examples of the staining of bacteria with fluorescent antibodies performed directly on membrane filters. This avoids steps such as sample concentration and fixation on glass slides.

Because pathogenic *E. coli* O157:H7 does not produce β-glucuronidase, the *E. coli* procedures in *Standard Methods* will not detect it without additional steps. Immunological techniques may be useful in situations where this pathogen is suspected. The rapid *E. coli* O157: H7 methods of Pyle *et al.* (1995, 1999) involve incubation with a dye that indicates viability, followed by fluorescent antibody staining and enumeration by epifluorescent microscopy or laser scanning cytometry (the study and measurement of cells). Kfir *et al.* (1993), however, caution against problems of specificity with the use of monoclonal antibodies as a rapid tool for detecting fecal bacteria in water, and in particular *E. coli*.

Commercially available instruments such as Chem Scan® can detect and enumerate fluorescent bacteria (McFeters *et al.*, 1999), further facilitating rapid detection methods. Commercial sensors continue to be developed and were reviewed by Ivnitski *et al.* (1999). Some are immunologically based; others rely on enzyme detection or nucleic acid detection. A rapid immunological technique for *E. coli* O157 and *Salmonella typhimurium* (Yu and Bruno, 1996) uses a commercial sensor and shows promise as a screening tool, identifying samples that should be further analyzed. These simplified, commercial screening tools provide additional options for situations where easy, rapid screening is desired.

A process called enzyme-linked-immunoabsorbent assay (ELISA) tags an antibody with an enzyme. After incubation, an enzyme substrate is added, and the formation of a pigmented product is indicative of the amount of enzyme present in the sample and, therefore, the amount of microorganism in the sample (Bitton, 1980). Advantages of ELISA are that it is robust, versatile and simple to perform (Kfir *et al.*, 1993). As with any immunoassay, limitations are related to the specificity of the antibody used. Various easy-to-use commercial ELISA kits are available, such as the Wellcolex kits (Murex Biotech Dartford, United Kingdom). Developed mostly for clinical or food applications, these techniques may be useful for water quality testing when simple techniques are desired. Limited trials with wastewater have, however, raised the

possibility of cross reactions with competing organisms in the samples (Meckes, 2001). Further testing of these kits with environmental waters is needed.

2.2.1.3 Genetic Methods (Gene Probes and PCR)

Development of genetic methods has provided new sensitive options for pathogen detection. Gene probes are nucleotide sequences that pair with corresponding sequences in the sample through a process called hybridization (Hurst *et al.*, 1989). The probes make good detection tools and can be labeled with a radioisotope, an enzyme, or a fluorescent chromogene to permit detection. Although genetic methods require more sophisticated equipment and techniques than cultural methods, there are commercially available gene probe kits that only require typical microbiological laboratory equipment and are easy to use. For example, Gene-Trak (Hopkinton, MA) produces gene probe assays for several organisms including *E. coli* and *Salmonella*. The kits, which are geared primarily toward food or clinical applications, have a colorimetric endpoint and come with a photometer. Rice *et al.* (1995) found that the probe performed well with pure cultures, but failed to detect seven of thirteen positive cultures in creek and river samples, possibly due to low bacterial densities in the natural waters. The authors note that further research is needed to improve the performance of the method with environmental samples, possibly through increased enrichment or larger sample aliquots.

The polymerase chain reaction (PCR) has greatly improved the ability to detect low densities of pathogens in environmental samples. PCR produces many copies of a target section of a microorganism's deoxyribonucleic acid (DNA). With the large number of copies produced by PCR, the target DNA can be detected using gene probes or gel electrophoresis (Toze, 1999). Gel electrophoresis is a process used to impart an electric current to DNA fragments in a gel of specific density. Different size fragments move at different rates and can be visualized as a series of bands in the gel. The use of PCR offers several advantages, including specificity, sensitivity, rapidity, accuracy, and the capacity to detect small amounts of target nucleic acid in a sample. PCR-based methods can be used both to rapidly identify bacteria that have been isolated and for direct pathogen detection in environmental samples (Toze, 1999).

Several researchers have published protocols for PCR-based detection of *E. coli* in water (Fricker *et al.*, 1999; Kong *et al.*, 1999b; Tsen *et al.*, 1998). The method of Fricker *et al.* (1999) is especially quick, identifying *E. coli* from membrane filters within two hours. Tsen *et al.* (1998) use an 8-hour pre-culture step, and claim detection of 1 cfu per 100 mL. By combining PCR and radiolabeled gene probes, Bej *et al.* (1990) developed a sensitive and specific method for *E. coli*, *Salmonella* and *Shigella spp.* A PCR method for *Salmonella spp.* published by Way *et al.* (1993) can also detect other coliform bacteria (e.g., *Shigella*, *E. coli* and *Citrobacter*), rendering the technique very useful for environmental samples. Palmer *et al.* (1993) found PCR to be sensitive and specific for *Legionella* in sewage treatment plant influent and in ocean receiving waters. A method for detecting *Aeromonas* in seawater (Kong *et al.*, 1999a) may be useful for monitoring because of the prevalence of *Aeromonas spp.* in the aquatic environment.

There are, nevertheless, several disadvantages to PCR-based methods. They require specialized equipment and skilled technicians (Toze, 1999). The results of PCR alone do not

provide a means for quantification; they indicate presence or absence of the target genetic material. Furthermore, PCR alone does not directly provide information about the viability or infectiousness of the organisms because DNA may persist in the environment (Alvarez *et al.*, 1993; Gantzer *et al.*, 1999; Kopecka *et al.*, 1993; Metcalf *et al.*, 1995; Sobsey *et al.*, 1998a). These techniques are still at the research stage and are beyond the capabilities of most state and local municipalities for routine analyses. However, they may eventually become a viable option for routine pathogen analysis and may be especially useful for studies characterizing the identities and sources of pathogens within a watershed.

2.2.2 Viruses

Current routine monitoring strategies do not test for viruses; they rely on indicator bacteria. Various viruses (e.g., rotavirus, adenovirus, hepatitis A virus and Norwalk-like viruses) are important agents of illness in sewage-polluted waters (Metcalf *et al.*, 1995). There are clearly cases where virus identification is needed, such as in investigations of outbreaks or in research studies. In cases where direct detection of viruses is needed, a variety of methods exists and new methods continue to be developed.

2.2.2.1 Sample Concentration

Because of the low concentrations of viruses in environmental samples, methods used to detect enteric viruses require an initial concentration step to make them detectable. For environmental waters this is typically accomplished by sorption of viruses onto a filter. According to Schwab *et al.* (1993), hundreds to thousands of liters of water may need to be filtered through a special filter cartridge to achieve sufficient virus concentration for detection. A yarn fiber filtration cartridge or a cartridge with pleated sheets of filter material are particularly useful because of field portability. After filtration, the viruses are generally recovered from the filter into about 1L of eluant. *Standard Methods* describes techniques for virus concentration by adsorption to and elution from microporous filters. Beef extract is one of the most common eluants (DeLeon and Sobsey, 1991; Schwab *et al.*, 1993). A secondary concentration step may be needed, such as ultrafiltration or flocculation. In their review of filtration and elution methods, DeLeon and Sobsey (1991) caution that humic and fulvic substances in water may interfere with virus sorption onto filters. They also point out that adsorption/elution efficiencies vary for different viruses; for some the recoveries are low.

Table 2-1. Summary of Detection Methods for Bacteria							
Cultural and Enzyme-Based							
Method	Duration	Results Provided	Capabilities Needed				
Membrane Filtration	24 hours or longer depending on bacteria + 24-hour confirmation	Enumeration, Presence-Absence	General Microbiology Laboratory				
Multiple Tube Fermentation/Most Probable Number (MTF/MPN)	24 hours or longer depending on bacteria + 24-hour confirmation	Enumeration, Presence-Absence	General Microbiology Laboratory				
Substrate Hydrolysis – Colorimetric	6 to > 24 hours depending on method and organism	Presence-Absence	General Microbiology Laboratory				
Defined Substrate Technology	E. coli and Total Coliform – 24 hours; Enterococcus – 24 hours	Enumeration	General Microbiology Laboratory				
	Immunolog	gical					
Immunofluorescence (IF)	< 24 hours	Enumeration by epifluorescent microscopy	Specialized Microbiology Lab.				
Commercially Available Instruments	< 24 hours	Enumeration	General Microbiology Laboratory				
Enzyme-Linked- Immunoabsorbent Assay (ELISA)	Varies	Enumeration	Kits available for clinical and food applications; more research for environmental app. needed				
	Genetic	·					
Gene Probes	Time varies	Presence-Absence, Enumeration in research stage	Kits available for clinical and food applications; more research for environmental app. needed				
PCR	< 24 hours	Presence-Absence, Enumeration in research stage	Specialized Microbiology Lab.; techniques still in research stage				

Table 2-2. Summary of Detection Methods for Viruses					
Method	Duration	Results Provided	Capabilities Needed		
Cultural					
Cultural Assay	Varies, on the order of days	Presence-Absence, enumeration; indicates viability	General Microbiology Laboratory		
Immunological					
Immunological	Varies	Enumeration by epifluorescent microscopy; Does not indicate viability	Specialized Microbiology Lab.		
Immunological: ELISA	Varies	Presence-Absence; Enumeration	More research needed for environmental app.		
Genetic					
Gene Probes	Varies	Presence-Absence by radioisotope or enzyme	Specialized Microbiology Lab.; More research for environmental app. needed		
PCR	< 24 hours	Presence-Absence	Specialized Microbiology Lab.; techniques still in research stage		

2.2.2.2 Cultural Assay

Several assay techniques are available for virus detection in the concentrated sample. Detection methods given in *Standard Methods* rely on the infection and destruction of host cells by the virus (cytopathic effects). In the plaque assay method, for example, a viral suspension is placed on a monolayer of cells, and areas of cell destruction due to infection (plaques) are enumerated and expressed as plaque-forming units (PFU). An advantage of cell culture is that it indicates viability. There are, however, disadvantages. Cell culture assays such as the plaque assay method require different cell lines for detection of different viruses. Although most enteric viruses can be cultured, some viruses, such as Norwalk virus, hepatitis A and E, calciviruses, rotaviruses and astroviruses either do not grow or grow slowly in cell culture assays (DeLeon and Sobsey, 1991; Metcalf *et al.*, 1995). Thus, cell cultures cannot be used to detect several important pathogenic viruses.

2.2.2.3 Immunological Techniques

Immunological techniques are useful in virus detection. The viruses may be in suspensions, trapped on filters, or in cell cultures (Hurst *et al.*, 1989). When they are trapped on filters, without some form of cell culture, the assay cannot indicate infectivity. As with the bacterial techniques mentioned earlier, use of a fluorescently-tagged antibody permits enumeration by epifluorescent microscopy. Oragui *et al.* (1989) have used immunofluorescence for detection of rotaviruses in wastewaters. Similarly, radioimmunoassay uses an antibody tagged with a radioactive isotope to bind to the viral antigen, and detection is accomplished by measuring the radioactivity of the antibody-antigen complex.

Variants of the enzyme-linked assay can detect viral antigens trapped on a filter or associated with infected cells (for viruses that can be cultured). ELISA has been used to detect Hepatitis A virus in tap water (Schnattinger, 1985). Nasser and Metcalf (1987) and Nasser *et al.* (1993) developed an amplified ELISA (A-ELISA) method for virus detection that has greater sensitivity than ordinary ELISA, as well as good specificity, speed, and low cost. Nasser *et al.* (1994) used A-ELISA to indicate the presence of viable poliovirus in water. According to Kfir and Genthe (1995), commercial clinical ELISA kits have been used for environmental waters and are available for some viruses, including rotaviruses and adenoviruses.

2.2.2.4 Gene Probes

Viruses may be detected by the use of gene probes. As with the immunological methods, the target material may be present in a solution, trapped on a filter, or present in infected cells. Detection may be accomplished via a radioisotope or enzyme attached to the gene probe. An effective method must specify a target nucleic acid sequence that is specific to the organism of concern. As with other assays, prior amplification by cell culture indicates that the viruses are infective. Hurst et al. (1989) note that hybridization is more sensitive and faster than plaque assays or immunofluorescence. According to Gerba et al. (1989), hybridization is much more sensitive than ELISA methods, and gene probes have been developed for the major groups of enteric viruses. Gene probes have been used for the detection of hepatitis A virus and other enteroviruses in drinking water samples that were negative by radioimmunoassay and that required weeks of propagation in cell cultures to be detectable by immunoassays (Shieh et al., 1991). Other examples of studies using gene probes include the detection of rotavirus in fresh and estuarine waters (Nasser et al., 1991), enteric viruses in raw and treated waters (Genthe et al., 1995), and poliovirus in sewage-contaminated groundwater (Margolin et al., 1990). Margolin et al. (1993) found excellent agreement between cell culture and gene probe methods for a variety of environmental water samples. As noted earlier, however, genetic techniques require sophisticated equipment and techniques. The research studies show promise for efficient viral detection, but easy-to-use kits are not readily available.

2.2.2.5 PCR-based Methods

The polymerase chain reaction is particularly useful for virus detection because it amplifies the low quantities of viral genetic material present in environmental samples. The use

of PCR for detecting viruses offers many advantages over the traditional methods, including lower detection limits, increased range of viruses detectable, specificity, and shorter processing time (Toze, 1999). As with other methods, water samples may need to be filtered or otherwise concentrated first. Reverse transcriptase, a compound that catalyzes the formulation of DNA using RNA as a template (RT-PCR), is used when a virus' genetic material is RNA. The RT-PCR methods can detect less than 10 PFU of a virus in a filter eluate sample in less than two days.

Standard sample concentration procedures can pose problems for PCR. Humic acids, which cause interference, can be concentrated along with the viruses. Proteins and salts in beef extract eluant can also interfere with molecular methods (Schwab *et al.*, 1993). It is, therefore, necessary to separate the viruses and their DNA from such impurities (Kopecka *et al.*, 1993). The inhibitory problems in some samples have been avoided by using immunologic-based methods to capture viruses for subsequent PCR amplification (Metcalf *et al.*, 1995; Schwab *et al.*, 1996; Toze, 1999).

Polymerase chain reaction-based techniques have been used successfully for detection of viruses in various types of environmental samples, often with relatively short analysis times. Methods have been developed for astroviruses (Marx *et al.*, 1998), enteroviruses (Gilgen *et al.*, 1995; Griffin *et al.*, 1999; Vantarakis and Papapetropoulou; 1998, 1999), rotaviruses (Soule *et al.*, 2000), and adenoviruses (Vantarakis and Papapetropoulou, 1998, 1999) in a variety of environmental waters. In a comparison of three detection methods for enteroviruses in activated sludge and sewage waters, Kopecka *et al.* (1993) found PCR to be vastly more sensitive than cell culture methods and direct hybridization. A number of RT-PCR methods offering various advantages have been devised. These include a triple RT-PCR method for the simultaneous detection of hepatitis A virus, poliovirus, and rotavirus (Tsai *et al.*, 1994), an assay for enteroviruses with a tissue culture state to indicate infectivity (Fricker *et al.*, 1999), and a relatively rapid method using RT-PCR, followed by hybridization and a form of ELISA (Greening *et al.*, 1999).

2.2.3 Cryptosporidium and Giardia

2.2.3.1 Immunofluorescence

As with viruses, identification of *Cryptosporidium parvum* oocysts in water is not routine, limiting our ability to assess the public health threat from *Cryptosporidium* (Rose, 1997). The public health impacts of this organism are discussed in detail in Chapter 1. The detection procedure for *Cryptosporidium parvum* oocysts and *Giardia lamblia* cysts described in *Standard Methods* is an immunofluorescence (IF) procedure. To prepare the sample, hundreds of liters of water are passed through a filter cartridge. Cysts and oocysts are recovered from the cartridge, concentrated, and filtered onto a membrane. In addition to the epifluorescent microscopy phase, contrast microscopy is used for confirmation of the internal structures of the organisms. The newest U.S. EPA-recognized IF method for *Cryptosporidium* and *Giardia* (U.S. EPA, 2001) is a more streamlined method that entails filtration of only 10 L of water, uses well

slides instead of membrane filters, and uses differential interference contrast (DIC) microscopy for confirmation.

The IF procedures have low recoveries, are costly and time-consuming, and cannot indicate viability (Slifko *et al.*, 1997). The most recent edition of *Standard Methods* acknowledges these limitations, but does not provide an updated method, noting that methods research is evolving rapidly. Allen *et al.* (2000) note that IF techniques have a high rate of both false positives and false negatives, rendering monitoring results highly suspect.

Two methodologies address the problem of viability. Jarmey-Swan *et al.* (2000) improved upon IF for *Giardia* cysts by staining with fluorescein diacetate prior to antibody staining. The combination of the two stains allows identification of viable cysts via microscope. Slifko *et al.* (1997, 1999) have developed and statistically standardized a detection method based on cell culture technology combined with an IF assay. The technique, called the Foci Detection Method (FDM), can be used to detect concentrations as low as 10 oocysts per sample. This method has good promise of being a specific test for *Cryptosporidium parvum*, but it has not yet been tested with all *Cryptosporidium* species.

Table 2-3. Summary of Detection Methods for Cryptosporidium and Giardia					
Method	Duration	Results Provided	Capabilities Needed		
Immunological					
Immunofluorescence	72-96 hours	Enumeration by epifluorescent and contrast microscopy; Does not indicate viability	Specialized Microbiology Lab.		
Genetic					
Gene Probes	Time varies	Presence-Absence	Specialized Microbiology Lab.; more research for environmental app. needed		
PCR	< 24 hours	Presence-Absence; does not indicate viability	Specialized Microbiology Lab.; techniques still in research stage		

2.2.3.2 Gene Probes and PCR-Based Methods

While immunofluorescence remains the primary approach for *Giardia* and *Cryptosporidium* analyses, work is continually underway to devise improved techniques that may replace the current methods. Rose (1997) notes that PCR, ELISA, cultural, immunomagnetic separation (IMS), and colorimetric methods are not yet sufficiently developed for routine use. Below is an overview of methods employed in research studies; these may point the way for future routine detection options.

As an alternative to the antibody approaches, gene probes have been used with fluorescent staining of *Cryptosporidium parvum* oocysts in water (Vesey *et al.*, 1998). Prescott *et al.* (1999) describe the use of gene probes for the detection of *Cryptosporidium parvum*. The method has good specificity and determines viability.

Studies using PCR for detection of Cryptosporidium and Giardia (Rochelle et al., 1997; Stinear et al., 1996; Ware et al., 1995) have shown that PCR has excellent sensitivity. Furthermore, simultaneous detection of *Cryptosporidium* and *Giardia* is possible. Wiedenmann et al. (1998) provide a thorough review of PCR for the detection of Cryptosporidium parvum. As with viruses, methods are available for separation of cysts and oocysts from substances that can inhibit PCR. For example, a technique called the Xtra Bind Capture System has been used to facilitate the concentration of Cryptosporidium from water prior to RT-PCR (Kozwich et al., 2000). In this method, potential inhibiting contaminants were removed and PCR amplification was performed without needing to elute the oocysts from the capture material. The authors completed the analysis within only three hours. Other rapid and sensitive PCR methods combine immunomagnetic (magnetic beads with antibodies) separation of Cryptosporidium oocysts, followed by PCR for amplification and hybridization for detection (Hallier-Soulier and Guillot, 1999; U.S. EPA 2001). Champliaud et al. (1998), however, note difficulties differentiating between Cryptosporidium parvum and other nonpathogenic Cryptosporidium species using PCR. Furthermore, as with viruses, PCR alone cannot indicate protozoan viability. An alternative is to use messenger RNA (mRNA) for the PCR. The mRNA tends to have a short half life and therefore should not be present to be recovered from dead organisms (Wiedenmann et al., 1998).

2.3 Alternative Indicator Organisms

2.3.1 Clostridium perfringens

Clostridium perfringens is a hardy, spore-forming bacterium that has potential use as an indicator of pathogenic bacteria, viruses, and protozoa. In wastewater treatment and disinfection evaluations, *C. perfringens* was found to be more disinfection-resistant than fecal coliform and enterococcus, and was a good indicator of the inactivation of Cryptosporidium parvum oocysts (Sobsey et al., 1998b). It was also found to be a good indicator for human enteric viruses, Cryptosporidium, and Giardia in treated drinking water and river water (Payment and Franco, 1993). Research by Kueh et al. (1995) demonstrated correlations between gastrointestinal symptoms and concentrations of Clostridium perfringens. In marine waters it has been found to correlate with Salmonella spp. (Morinigo et al., 1992) and Giardia and Aeromonas densities

(Ferguson *et al.*, 1996). *C. perfringens* has several desirable characteristics, including its presence in human feces but not bird droppings, and the superiority of spore survival to human pathogen survival. Furthermore, it can be easily and reliably enumerated using a membrane filter method.

2.3.2 Bacteriophages

Bacteriophages, viruses that infect bacteria, show promise as water quality indicators. Almost all bacteria known today have one or a group of specific bacteriophages that infect them. Coliphages are bacteriophages specific to coliform bacteria. As with *C. perfringens*, coliphages were found to be more resistant to disinfection than *E. coli*, fecal coliform and *enterococcus* in evaluations of wastewater treatment and chlorine disinfection (Farrah *et al.*, 1993; Sobsey *et al.*, 1998b).

Bacteriophages that infect through the bacterium's pili are called F+ (male-specific) phages, and bacteriophages that infect through the bacterium's membrane are called somatic phages. Studies have found F+ bacteriophages to be effective indicators of enteric virus concentrations in fresh waters (Havelaar *et al.*, 1993; Nasser and Oman, 1999). Lucena *et al.* (1996) suggested using phages of Bacteriodes fragilis, *C. perfringens*, and sometimes enteroviruses as indicators of persistent fecal pollution in marine sediments. In an urban estuarine study, however, F+ RNA bacteriophages did not correlate well with the pathogens measured (Ferguson *et al.*, 1996). Serrano *et al.* (1998) found that F+ RNA phages had low correlations with microbiological parameters in coastal waters, but that coliphages had statistically significant correlations with microbiological parameters. More evaluations are needed before a consensus will be reached regarding the selection and use of bacteriophages as indicators in various types of receiving waters.

2.4 Microbial Source Tracking

Attempts to reduce loads and prevent outbreaks via watershed management can be aided by accurate determination of the sources of microbial contamination. Microbial source tracking (MST) techniques can help give an indication of whether the sources of indicators or pathogens are human, wildlife, or agricultural. Categories of MST techniques include, among others, phenotypic and genetic methods, and may or may not require the development of a library of known samples for comparison with unknown samples. Drawbacks for MST methods include uncertainty in the spatial and temporal stabilities and variabilities of target characteristics. Ease of use and costs are also important in determining whether a method can be widely applied. While a summary is provided here, a critical review conducted by fellow EPA researchers (Simpson *et al.*, 2002) can be reviewed for more detailed information.

2.4.1 Antibiotic Resistance Analysis

Antibiotic resistance analysis (ARA) is a phenotypic method that takes advantage of the exposure of bacterial sources to different antibiotics and the resulting patterns of resistance that

develop. To determine a multiple antibiotic resistance (MAR) profile, a bacterial isolate is exposed to a suite of antibiotics. The antibiotics to which the isolate is resistant define the MAR profile, which acts as a fingerprint. First, a database of MAR profiles is acquired for samples of known sources in a given region. MAR profiles of unknown samples can then be compared to the database to determine their probable sources.

Wiggins (1996) analyzed 1,435 fecal streptococci isolates from animal and human sources for their resistance to five antibiotics. He then used discriminant analysis of the resulting patterns to classify the known isolates with a high rate of correct classification (92% of human isolates). Parveen *et al.* (1997) used MAR profiles to investigate *E. coli* sources within Apalachicola Bay and were able to identify MAR profile differences between point and nonpoint sources. Hagedorn *et al.* (1999) used antibiotic resistance in fecal streptococci to identify sources of nonpoint fecal pollution. Antibiotic resistance patterns have also been used in subtropical surface waters (Harwood *et al.*, 2000) and industrially perturbed stream waters (McArthur and Tuckfield, 2000). The analytical techniques for obtaining an antibiotic resistance profile are easy to perform. Antibiotic resistance patterns are, however, region-specific and compiling a MAR database of known sources is labor intensive. Furthermore, the MAR profiles of bacterial populations may shift with time. This approach may be best used in small watersheds with demonstrated nonpoint source problems and a limited number of potential sources (Simpson *et al.*, 2002).

2.4.2 Molecular Methods

The advance of molecular-based methods in recent years has aided source identification through the use of genetic markers. More commonly applied to microbial indicators because of their prevalence in the environment, these molecular-based MST methods are an active area of research and development. The review prepared by Simpson *et al.* (2002) describes the state of development of a number of techniques as well as their advantages and drawbacks. The genetic methods described in the review include ribotyping, length heterogeneity-PCR (LH-PCR), repetitive PCR (REP-PCR), denaturing gradient gel electrophoresis (DGGE), pulsed-field gel electrophoresis (PFGE), and amplified fragment length polymorphism (FLP). Although not yet ready for routine use, genetic methods are being tested in research studies. For example, a library-dependent PFGE was used to identify coliform sources in Northern Virginia's Four Mile Run Watershed (Simmons *et al.*, 2000). The study concluded that nonhuman species (waterfowl, raccoon, dog, deer, and Norway rat) were the primary *E. coli* sources in the urban stream. Human sources contributed only 18% of the *E. coli* (NVRC, 2002).

Because of the lack of a therapeutic cure or drug therapy for cryptosporidiosis, MST techniques for *Crytosporidium parvum* oocysts are particularly appealing. The Centers for Disease Control (CDC) has evaluated a molecular species- and strain-specific method for analyzing *Cryptosporidium* parasites in environmental samples (Royer *et al.*, 2002; Xiao *et al.*, 2000; Xiao *et al.*, 2001). The method is a nested PCR-restriction fragment length polymorphism technique. It produces numerous copies of a targeted DNA sequence, uses an enzyme to break it into fragments and uses gel electrophoresis and staining to separate and visualize the fragments. Numerous *Cryptosporidium* species have been examined using this method. It has been tested

on stream water, surface water, and wastewater, and is claimed to be able to differentiate between potential sources such as humans, cattle, pets, and wildlife.

In storm stream flow in a mostly undeveloped and forested portion of the New York City watershed, the procedure identified no genotypes from humans or farm animals, indicating the genotypes were likely from wildlife. In raw surface water collected less than a mile downstream of a large commercial cattle operation and a wastewater treatment plant, the method confirmed the presence of *C. parvum* human and bovine genotypes. In Milwaukee, wastewater containing pretreated effluent from a large cattle slaughterhouse was found to contain several genotypes that were known to be associated with humans, bovines, dogs, cattle, and rodents. The method used by CDC to identify *Cryptosporidium* sources shows promise, but needs further development technologically and is as yet too expensive for routine monitoring (Xiao *et al.*, 2002; Royer *et al.*, 2002).

2.5 Conclusions

Speed, reasonable cost, accuracy, and the level of difficulty in performing the techniques remain considerations in the selection and execution of microbiological analyses for water quality. For analysis of total coliform, fecal coliform, *enterococcus*, and *E. coli*, membrane filtration methods are well established and straightforward to perform without specialized equipment. Disadvantages include length of analysis times and potential underestimation. Rapid commercial enzyme-based methods such as Colilert® and Enterolert® show promise for easy screening. This is especially useful in situations where water quality can change rapidly, requiring frequent testing. Users should initially test rapid methods against the traditional membrane filtration or most probable number techniques in order to check their technique and understand any limitations of the methods. Because *E. coli* O157:H7 lacks the enzyme β -glucuronidase, a separate test, such as an immunological method, is needed if its presence is suspected. Commercial gene probe kits are available for some bacteria such as *E. coli* and *Salmonella*. Commercial ELISA kits can also be purchased. These have been developed for food and clinical applications; their use for environmental samples can be explored.

Immunofluorescence and ELISA methods are currently available options for detection of nonculturable viruses and bacteria as well as *Cryptosporidium*, *Giardia*, and *E. coli* O157:H7. Commercially prepared ELISA kits are available for some viruses. Although not as sensitive as PCR-based techniques, immunological methods permit quantification. Allen *et al.* (2000) have warned, however, of limitations of the IF methods for *Cryptosporidium* and *Giardia*, including poor recoveries and inability to determine viability. Poor recoveries are an issue for viruses as well because elution efficiencies from filters can be low. Recovery may be less of an issue in the detection of bacteria, especially indicator bacteria, because they do not need to be retained and eluted from a filter for concentration. However, recovery and enumeration of pathogenic bacteria remains an issue when concentrations are low and exposure is high.

Problems with low viral and protozoan concentrations are being overcome by the high sensitivities of nucleic acid techniques, which include gene probes for detection and PCR for amplification of small amounts of a pathogen's DNA or RNA. The large number of research

studies using PCR in the detection of pathogens illustrates the versatility and promise of these methods. In particular, the ability to detect low concentrations is beneficial because of the low infectious doses of protozoa and viruses. PCR also permits detection of nonculturable viruses and viable but nonculturable bacteria. These methods are still at the research stage and they are not widely available, although they may be in the future. A major drawback to PCR-based methods is the inability to indicate viability; results should be considered evidence of recent contamination and should not necessarily imply risk. Expensive and specialized analytical needs are another drawback.

Although the ability to detect low concentrations of pathogens offers advantages in pathogen monitoring, results must be interpreted with care. The calculation of pathogen density from the analysis of a water sample is based on the assumption that the pathogens are distributed evenly in the water body being sampled. If this assumption is not true, then the absence of microorganisms in a sample may not mean that the organism is absent in the water. On the other hand, detection of a pathogen may give rise to an erroneously high estimate of pathogen density (Allen *et al.*, 2000). Furthermore, pathogen contamination may be transient and easily missed. Ongoing background sampling is important for establishing the normal microbiological conditions of a watershed; sampling should also be conducted when a disturbance such as a storm increases the likelihood of pathogen presence.

Detection methods are continually evolving, but direct routine monitoring for pathogens is not feasible at this time. Indicator use is far from ideal, but it still represents the most viable option for a basic level of water quality monitoring. Unfortunately, indicator bacteria make poor proxies for viruses and protozoa because their survival characteristics are different from those of viruses and protozoa. Potential incorporation of *C. perfringens* and bacteriophages into monitoring strategies may improve the representativeness of the indicator organisms. Because organisms such as *Aeromonas*, an opportunistic pathogen, and some fecal coliform have nonhuman sources, looking only for human-based fecal contamination does not cover all risk factors. MST techniques can allow watershed managers to determine whether the sources of indicator or pathogens are human, wildlife, or from domesticated animals. ARA is currently the easiest to execute, but in time genetic methods may play an increasing role in tracking down the microbiological sources of water quality impairments.

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